



## **JOB POSTING**

### **Competition Number 2022-96**

**Union/Non-Union:** OPSEU  
**Position:** Peer Support Worker  
**Status:** Casual  
**Program:** Peer Support Services  
**Initially Assigned to:** Central

#### **Purpose:**

Peer Support is a structured relationship where a trained worker, who has gone through a process of recovery, assists other people with mental health issues to identify and achieve life goals as part of their own recovery process.

Peer Support Workers provide mentorship, emotional support, problem solving, goal setting, crisis risk assessment, and referrals to other community supports. Peer Support Workers promote empowerment and self-determination through non-judgmental listening and person-centered goal setting.

#### **Education and training:**

- Proof of successful completion of High School Diploma or GED

#### **Requirements:**

- A negative Police Vulnerable Sector Check
- A valid Class G driver's license and proof of insurance
- Daily access to a reliable vehicle
- Current CPR certificate - level C or willingness to obtain
- OPDI- Peer Support Core Essential Training Certification or willingness to obtain
- Current Non-Violent Crisis Intervention (NVC) training or willingness to obtain
- Current Applied Suicide Intervention Skills Training (ASIST) or willingness to obtain
- Current Safe Food Handling course or willingness to obtain
- Must be able to perform the physical demands of the job; lifting, carrying, positioning, transferring, holding, bending
- Able to lift at a minimum 20 lbs. from squatting to standing position
- Bilingualism (English/French) is an asset

#### **Experience:**

- Lived experience with Mental Health, and experience working with individuals who have a serious mental illness
- Recent experience working with vulnerable populations, specifically adults living with a serious and persistent mental illness and/or acquired brain injury (ABI) and/or Addictions and/or complex healthcare needs providing assessments and rehabilitation services
- Experience working in a community setting and working knowledge of community resources

#### **Knowledge/Skills/Abilities:**

- Basic working knowledge of computer software
- Ability to work cooperatively and independently with minimal supervision and as part of a team
- Good interpersonal/verbal/written communication skills
- Ability to maintain confidentiality as per PHIPA (Personal Health Information Protection Act)
- Working Knowledge of WHMIS, AODA, Health and Safety Worker Training

#### **Personal Suitability:**

- Commitment to continuous learning
- Demonstrated positive work record and good attendance
- Demonstrated commitment to client centered care
- Willing to work flexible hours; days, evenings, weekends, and holidays

#### **Selection Process:**

Candidates will be selected for the position based on their skill, ability, experience, and qualifications as identified in their resume

#### **Shift:**

Days, evenings, weekends, and holidays

#### **French Language Services Required:**

Bilingualism is an asset. If no bilingual candidates (both internal and external) meet the qualifications, unilingual candidates will be considered

#### **Salary:**

\$16.44 - \$16.70/hour

---

**Send resume and cover letter via email**

**Please note the job Competition Number (see above) in the subject line of the email**

ATTN: Brigitte Lachance - Human Resources Administrator

[blachance@nbd.cmha.ca](mailto:blachance@nbd.cmha.ca)

***CMHA-NBD promotes the principles of and adheres to the tenets of the Ontario Human Rights Code. We strongly encourage applicants with lived experiences, from Indigenous communities, people of all races, colors, ethnic origins, religions, disabilities and sexual orientations to apply. We recognize that equitable access to employment is an agent in social change.***